

## Alaska Teamster-Employer Welfare Trust Plan Members,

Learn how to take advantage of the exclusive Costco Mail Order Pharmacy benefit when filling your Mandatory Maintenance medications.

### What are maintenance medications?

These are medications taken regularly to maintain your health, including treatment for high blood pressure, asthma, diabetes, and additional medical conditions.

### What does Mandatory Maintenance mean?

After a one-time 34 day fill at any retail pharmacy, you are required to transition your maintenance medication(s) to Costco Mail Order Pharmacy, where you can fill up to a 90 day supply.

### How do I begin to fill my medications at Costco Mail Order?

To start filling your medications at Costco Mail Order Pharmacy, request your physician to send a new prescription to Costco pharmacy. You will also need to contact the pharmacy to provide your insurance information on your new ID card.

### Do I need a Costco membership to use a Costco Pharmacy?

No, you do not need to have a Costco membership to use a Costco Pharmacy, including the Costco Mail Order Pharmacy.

### What is the benefit of having maintenance medication filled exclusively at Costco?

Costco strives to be the low cost leader in the marketplace for prescription drugs, which means Costco can pass along substantial savings to you and your benefit plan.

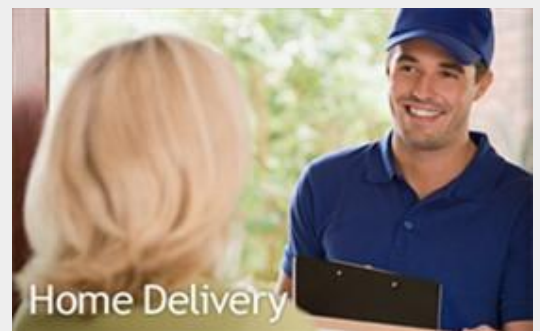
### What if I have additional questions?

For additional information regarding your benefit, please visit [www.costcohealthsolutions.com](http://www.costcohealthsolutions.com) or call the Customer Care line at 1-877-908-6024 or the Trust office at 907-751-9700.

**Costco Health Solutions looks forward to providing quality service and increased savings to Alaska Teamster-Employer Welfare Trust Members!**

## Costco Mail Order Pharmacy Services

- Create an online account to manage your orders at: [pharmacy.costco.com](http://pharmacy.costco.com)
- When completed, place an order, and mail in or have your physician provide the pharmacy with a new prescription. Please see the Costco Mail Order information below
- Select to have your prescriptions placed on auto refill and receive an email notification as a reminder to have your prescription ordered, processed, and shipped to your home.
- Track your orders by logging into your account to check your prescription status.
- You will also receive a confirmation email with a tracking number to track your order right to your door.
- Please have your new prescription insurance card in hand upon calling the pharmacy for assistance.



### Costco Mail Order Contact Info

Phone: (800) 607-6861

Fax: (800) 633-0334

Monday - Friday: 5am to 7pm (PST)

Saturday: 9:30am to 2pm (PST)

### Costco Mail Order Address

802 134th St. SW Ste. 140

Everett, WA 98204